



Learning at Home

November 2007

Halloween Hike

At the Outdoor Campus the kids came in their Halloween costumes and went on an educational hike. Along the trails, there were different stations set up like television shows. A few were: CSI, Grey's Anatomy, Myth Busters, and Animal Idol (to the left). At each station they talked about animals native to SD. For example the Animal Idol featured cow (Simon Cowell), dog (Randy Jackson), beaver (Paula Abdul), and seagull (Ryan Seacrest). The contestants were different animals that imitated bird calls.

Photo Available on SDHSA Secure Site Only

After the hike some of us made smores by the campfire. The astronomy club was there to help kids look up at the moon. Inside there was cider, popcorn, and a few different crafts.

Photo Available on SDHSA Secure Site Only

Rake the Town

Our volunteering was a success! We met at our designated address and raked away. It was a beautiful day! The home owner Shirley came out and thanked the group for helping her. She was so grateful.

Shirley even brought out her dog and introduced the group to him.

Keloland News came out and filmed the group raking her yard. The video can be seen on the SDHSA site if you missed it.

Thanks to everyone who helped out! We got a nice heaping pile of about 10 bags.

Halloween Party

The Halloween Party was a hit.

The kids came dressed up—some silly and some scary. There was plenty to keep everyone entertained. There were crafts, some spooky snacks, we also had the gym for the kids to play in where there were some carnival games.

Photo Available on SDHSA Secure Site Only

Thanks to everyone who participated!

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Welcome:
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And thanks to those who renewed!

Meatballs in Sour Cream Sauce



- 1 Lb Lean Ground Beef—we use buffalo
- 1 C Bread Crumbs
- 1 Egg Slightly Beaten
- 1/4 C Parmesan Cheese
- 1/2 tsp Onion Powder
- 1/2 tsp Garlic Salt
- 1/8 tsp Pepper

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- 1 Tb Vegetable Oil—we use olive oil
 - 1 Tb Paprika
 - 1 Medium Onion sliced
 - 1-2 12 oz Jar of Brown Gravy—we use Heinz Home Style Savory Beef
 - 1/2 C Sour Cream
 - 16 oz Hot Cooked Noodles—We use the Campanelle Noodles by Barilla at HyVee

Put water on for noodles. In a large bowl combine the first 8 ingredients.

To submit your favorite recipe please email it to becky@sdhsa.org

Form 20 meatballs. Brown the meatballs in a skillet with the oil. While the meatballs are cooking, combine the gravy & sour cream in a medium bowl and set aside. Drain excess fat from the meatballs. Sprinkle the meatballs with paprika and add the onions. Cover and cook over low heat for 10 minutes. Pour the gravy mixture over the meatballs and heat slowly. After heated served mixture over the noodles. Add a veggie for a side.

Thanks Penny for this submission!

Member Get to Know

Available Only on SDHSA Secure Site

Craft Corner

Mushroom Prints

Supplies:

- Fresh Mushrooms
- White Paper
- Drinking Glass
- Non-aerosol Hair Spray

Time Needed: Under 1 hour

1. To make spore prints, carefully remove the stems from the mushrooms. Expose the gills by using a knife (a parent's job) to trim back the lower edges of the caps.
2. Place the mushrooms on a sheet of paper and cover each one with an inverted glass. Let stand overnight. The mushrooms will release spores from their caps to create distinctive patterns.
3. Carefully lift the glass first, then the mushroom to reveal the spore prints. To preserve the design, coat with non-aerosol hair spray.

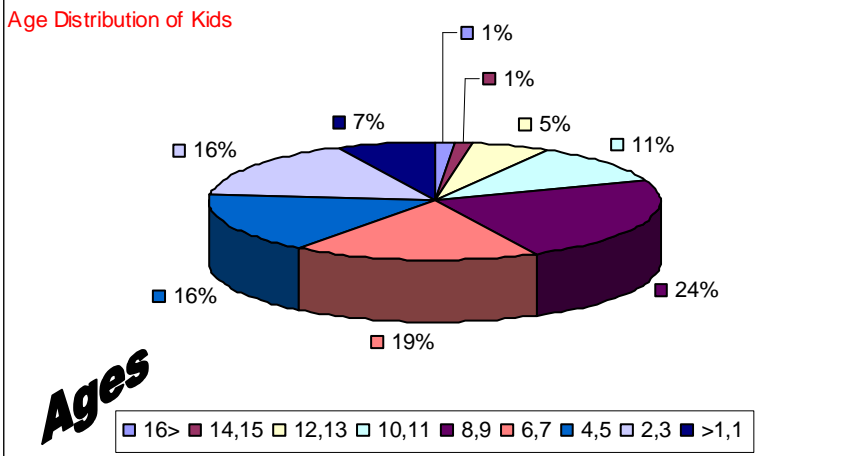
Note: Once you place the glass over the mushrooms don't move it otherwise it won't work properly.

*Craft submitted by:
Tamara—Our Craft
Coordinator*



All About SDHSA Kids

Age Distribution of Kids



To submit art/poem or any accomplishment you'd like to share please send to becky@sdhsa.org

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Kid Safe Sites:

www.fisher-price.com/
funschool.kaboose.com/
www.prongo.com/games/
www.starfall.com
www.noggin.com
www.lego.com
www.scrubclub.org
http://kids.yahoo.com
www.funbrain.com
www.seussville.com
www.childrenslibrary.org

Kid Get to Know

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Important



If you are interested in taking an active role in the SDHSA group please let a leader know.



Please don't forget to save Box Tops. Each one is worth 10 cents. Please bring them in a bag marked with your last name to any SDHSA event and give to a leader.



Submissions need to be in by November 21st for the next newsletter. Thanks.



If you have any ideas or suggestions for the group please let a group leader know (the names are directly to the left).

Some of the events have an additional fee—please see the online calendar for all of the information.

Contacts

Voicemail: 605-610-4461

All messages will be returned by an SDHSA Leader

Web Site:

<http://www.sdhsa.org>

Address:

SDHSA of Sioux Falls
P.O. Box 882
Sioux Falls, SD 57101

Yahoo Group:

<http://groups.yahoo.com/group/SDHSA>

Treasurer: Crystal

crystal@sdhsa.org

Secretary: Penny

penny@sdhsa.org

Newsletter/Box Tops: Becky

becky@sdhsa.org

Website: Melissa

melissa@sdhsa.org

Tours: Christina

christina@sdhsa.org

Crafts: Tamara

tamara@sdhsa.org

Gym: Angie

angie@sdhsa.org

November 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 1:00p Tour of the Museum of Visual Materials	3
4	5	6 1:00-3:00 Craft and Play at the YMCA	7	8 6:30-8:00p Thursday Night Dine, Plan & Chat	9 1:30-3:00p Swimming	10
11	12	13 1:00-3:00p Gym Time	14	15	16	17
18	19	20 1:00-3:00p Open Play at Backyard Adventures	21	22	23	24
25	26	27 1:00-3:00p Gym Time	28	29 1 p Bowling	30	