



# Learning at Home

October 2007

## Open Play at Backyard Adventures

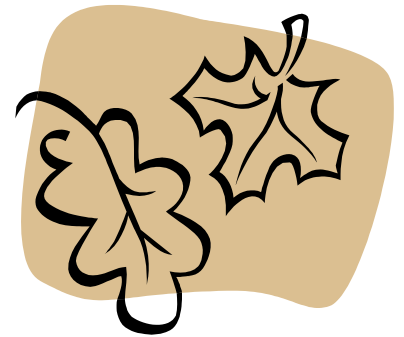
*Photos Available Only Through Secure SDHSA Website*

The kids all had a great time playing at Backyard Adventures. There was a lot to do there. They went down the slides, swung, and played tag. Towards the end the guys took a break and played Bionicles! The next date at the Backyard Adventures is October 16th from 1pm-3pm.

Bring your kids to play on all of the great play sets! Our SDHSA group rate is \$3 per child age 2 and older. The address is: 2520 S Carolyn Ave .

We hope to see you there!

**Rake The Town**



Rake the Town is the annual rake-a-thon, coordinated through Workers on Wheels at the Center for Active Generations. The goal of the event is to help the elderly who are physically unable to rake themselves and cannot afford to hire someone. This is beneficial to the homeowner who wants to remain living independently and needs a little extra help with chores. Our community benefits from the beautification of the neighborhood. The volunteers benefit from the experience of working together and helping others in need. The homeowners are always grateful and enjoy having friendly volunteers at their home.

We will be participating October 19th (Friday). We will be given a yard to rake. They will provide bags and pickup for the leaves. All we need to do is to rake and bag them. If you have a rake to bring that would be great!

I participated in this last year and it was very rewarding.

If you would like to volunteer for this event please email: [becky@sdhsa.org](mailto:becky@sdhsa.org) with a number of adults and a number of kids. Please let me know as soon as you know.

## Box Tops for Education



**Clip Box Tops from your favorite brands**

SDHSA will now be collecting box tops. They can be brought to any group meeting, tour, or SDHSA event. Please bring them in a bag marked with your last name. We turn them in twice a year. The next date is October 30th. Please start clipping those Box Tops!



**Buy books through the Box tops Book Club.**

You can also earn points by buying books and shopping online both through the Box Top website.

<http://www.boxtops4education.com/>



**Shop at your favorite online stores through the Box Tops Marketplace.**



## Pumpkin Mousse Ice Cream Pie

To submit your favorite recipe please email it to [becky@sdhsa.org](mailto:becky@sdhsa.org)

### Ingredients:

- 1 1/4 c crushed gingersnap cookies (about 28)
- 1/3 c melted butter
- 1/4 c granulated sugar
- 1 pint vanilla ice cream softened
- 1 c pumpkin
- 3/4 c granulated sugar
- 1 1/2 tsp pumpkin pie spice
- 1 c whipping cream
- 1/2 tsp vanilla extract
- 1 recipe pumpkin topping (recipe follows)

**PREHEAT** oven to 375° F.

**COMBINE** crushed cookies, butter and 1/4 cup sugar in small bowl. Press onto bottom and sides

of 9-inch pie plate.

**BAKE** for 8 minutes. Cool completely. Spread ice cream over gingersnap crust. Freeze for 2 hours or until firm.

**COMBINE** pumpkin, 3/4 cup sugar and pumpkin pie spice in medium bowl. Beat whipping cream and vanilla extract in small mixer bowl until stiff peaks form; fold into pumpkin mixture. Spoon over ice cream. Freeze for 1 hour or until firm. Serve with Pumpkin Topping.

### FOR PUMPKIN TOPPING

**COMBINE** 12.25-ounce jar caramel or butterscotch sauce, 1/2 cup LIBBY'S® 100% Pure Pumpkin and 1/2 teaspoon pumpkin pie spice in small bowl.

The crust is the only part of this elegant Pumpkin Mousse Ice Cream ensemble which is baked. Luscious filling made from a mixture of ice cream and pumpkin is chilled with a whipped cream topping.

Estimated Times: Preparation Time: 15 mins  
Cook Time: 8 mins

This is from: [www.meals.com](http://www.meals.com)

## Member Get to Know

*Article available only through  
secure SDHSA Website*

## Craft Corner

### Spooky Thumbprints

Your child is sure to give a thumbs-up to these silly and easy to make Halloween critters.

**Prep Time:** Less than 30 minutes

#### Supplies:

Nontoxic rubber stamp pad

Card Stock

Fine Point Markers

#### Instructions:

1. To make them, just help your child press her thumb onto a nontoxic rubber stamp pad (black for spiders and bats, orange for pumpkins), then onto a piece of heavy paper or card stock.
2. Add small dots of white acrylic paint (we used a dull pencil to apply it) for bat and

spider eyes.

**Note:** Let the ink and paint dry before using fine-point markers to add pupils, legs, wings, stems, and other features and details.



## Country Apple Orchard Tour

Several of us met out at the Country Apple Orchard, outside of Sioux Falls. We were planning on picking apples, but due to the dry weather they were out of them—so we picked pumpkins instead!

Everyone seemed to have a good time. We first learned about the orchard. When the trees bloom a bee farmer comes out and releases bees so they can pollinate. Also, the Country Apple Orchard has 14 different types of apples! Julie, our tour guide, told us

that apples are given a grade based on how it looks, such as bruises/marks and whether it is picked or not. She peeled an apple and made 'apple spaghetti' for the horses. We all got a piece of the apple and the kids tried some apple juice.

We all then went on the tractor ride and the kids picked out their own pumpkin. It was a gorgeous day for it!

*Photo Available Only Through Secure SDHSA Website*

# October 2007

Some of the events have an additional fee—please see the online calendar for all of the information.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <i>1 pm Gym or Park</i>	3	4	5	6
7	8	9 <i>1-3 Gym Time</i>	10	11 <i>6:30-8pm Dine, Plan, and Chat</i>	12 <i>1:30-3pm Swimming</i>	13
14	15	16 <i>1-3pm Open Play at Backyard Adventures</i>	17	18	19 <i>Rake the Town</i>	20 <i>Evening Halloween Hike</i>
21	22	23 <i>1-3 Gym Time</i>	24	25	26	27
28	29	30 <i>1-3pm Halloween Party at Bowden Youth Center</i>	31	<p>Events are subject to change. For the most recent events and for further descriptions please see the calendar on the yahoo group or the calendar on the SDHSA site.</p>		



*Photo  
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Through  
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SDHSA  
Website*

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**Contacts**

**Voicemail:** 605-610-4461

All messages will be returned by an SDHSA Leader

**Web Site:**

<http://www.sdhsa.org>

**Address:**

SDHSA of Sioux Falls

P.O. Box 882

Sioux Falls, SD 57101

**Yahoo Group:**

<http://groups.yahoo.com/group/SDHSA>

**Treasurer:** Crystal

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**Secretary:** Penny

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**Crafts:** Tamara

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## Important

If you would like to help an elderly person rake their lawn we will be participating as a group October 19th! To sign up please contact: [becky@sdhsa.org](mailto:becky@sdhsa.org)

Volunteers are needed to help plan events such as the Halloween Party! Please contact: Any Group Leader

If you have any ideas or suggestions for the group please let a group leader know (the names are directly to the left).

To submit something for the newsletter such as: a recipe, artwork, poems, or accomplishments for your kid(s) please contact: [becky@sdhsa.org](mailto:becky@sdhsa.org)

Submissions need to be in by October 23rd for the next newsletter. Thanks.

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