



# Learning at Home

## *Volunteering at the Food Bank*

September 2009

Several families participated in volunteering at the Food Bank. Members listened to Steve, the warehouse manager, talk about some of the programs that the Food Bank is involved in. The group then stocked the 'store' shelves with the donated food and then sorted a palette of donated food from Wal-Mart.

Last year SDHSA collected just over 50 lbs of food this years goal was to collect 75 lbs of food. The group collected 95 lbs of food! Thanks to everyone who donated food and to everyone who helped stock shelves.

The groups next volunteering will be September 25th at Second Chance—more details to come.

## NBTS (Not Back to School) Picnic

Several SDHSA Families met up at Rotary Park for a party to celebrate "not" going back to school! Families brought their own food—an interesting side note is that of the families that brought fast food no one had the same place they went to. SDHSA provided drinks and deserts were brought by SDHSA Leaders.

The groups next party will be October 29th—more details to come.

## Craft Corner

Submitted by Gina (SDHSA Craft Coordinator)

### Homemade Chalk

#### What You Need:

Toilet paper or paper towel tubes

Scissors

Duct Tape

Wax Paper

3/4 cup warm water

Small bucket or disposable container

1 1/2 cups Plaster of Paris

2-3 tablespoons tempera paint



#### What You Do:

1. If you are using paper towel tubes, cut each tube in half. Cover one end of each tube with duct tape. Cut as many pieces of wax paper as you have tubes. Each piece should be as long as the tube and about 4 inches wide. Roll up each piece of wax paper and slip it into the tube.
2. Pour the water into the bucket. Sprinkle the Plaster of Paris over the water and stir the mixture thoroughly with a spoon. Mix in the Tempura Paint (If you would like pastel colors, you can mix brighter colors of Tempura powder with some white.)
3. Place each tube tape side down, on a level surface. Pour the wet plaster mixture into the tubes. Lightly tap the sides of each tube to release air bubbles, then set the plaster-filled tube aside to harden for a few days. Once they are dry, peel off the tubes and wax paper. Your chalk is ready for action!

ART by: SDHSA Kids

# Leaders Intro

Here is a quick look at some of what the leaders do in the group. The main title is listed for each person. Many of the leaders have several roles (not listed) & many times the roles overlap. If you would like to help the group with a position or project please let a leader know.

## Treasurer & Email Correspondent (Crystal)

- Collect mail from PO Box weekly and forward to the proper leaders.
- Keep track of SDHSA expenses and revenue and provide a report bi-annually.
- Make deposits and write checks for reimbursement within one week of receiving receipts.
- Respond to emails received at questions@sdhsa.org

## Web Coordinator (Melissa)

- Update calendar on website & Yahoo.
- Update online member directory as members join/leave.
- Maintain membership forms (or copies) for use with the member directory.
- Forward data from membership forms submitted online to the other leaders (via the leaders yahoo group).
- Makes sure the site is live and working properly.
- Publish photos from group activities and inform the Yahoo group members when photos have been added.
- Renews web and domain service each year using the group's debit card -- submits receipts to treasurer.

## Administrative Support Person (Amanda)

- Submit information on applicable SDHSA events to local media outlets (i.e. community calendars at TV stations, Argus Leader, siouxfallsevents.com).
- Make calls on behalf of the group to reserve meeting rooms or facilities when necessary.
- Provide other miscellaneous services to the leaders when they need a hand.
- Call businesses to schedule times/group discounts prior to the start of the academic year (i.e. bowling, Bowden Youth Center).

## Fundraising Coordinator (Meg)

- Collect Box Tops for Education (General Mills), Labels for Education (Campbell's), and Land-o-Lakes milk lids from SDHSA members.
- Bundle and submit box tops, labels, and lids and, at the required intervals, and send them to their respective companies, along with completed submission forms.
- Keep the other SDHSA Leaders updated regarding how much money or how many points have been earned.
- Keep track of submissions by family and communicate that information to the newsletter coordinator
- Set up a poll/discussion to decide what to do with the money/points earned.

## Tour Coordinator (Heidi)

- Call businesses to schedule tours (2 a month).
- Tours need to be set up at least 1 month in advance and submitted to the Web Coordinator and NL Coordinator.
- Email leaders about upcoming tours and wording of email.
- Email Yahoo with tour information after getting feedback

## Craft Coordinator (Gina)

- Plan a craft to be done at gym day, one Tuesday per month or as desired.
- Submit craft idea to leaders.
- Purchase supplies and submit receipts to the Treasurer for reimbursement.
- Demonstrate craft to kids/parents.
- Keep track of SDHSA supplies.
- Submit craft idea (not done on craft day) to the NL before the deadline.

## Newsletter Coordinator & Volunteerism (Becky)

- Composes newsletter (monthly, bi-monthly or quarterly).
- Collects and organizes info for NL pertaining to group interest.
- Submits rough draft to the leaders for revisions
- Make revisions.
- Make secure and unsecure versions.
- Send final draft of both secure & unsecure versions to Web Coordinator 1 day before publish date.
- Coordinate volunteering activities for the group
- Email leaders about upcoming volunteering projects and wording of email.
- Email Yahoo with information after getting feedback

## Media Contact (Thor)

- Respond to emails or calls from the media outlets
- If a range of opinion is needed pass on to the SDHSA yahoo
- Let leaders know if contacted

SHDSA currently is trying to fill some positions. Please see the description below and if interested please let a leader know.

## Special Activities Coordinator

- Coordinate group outings and get-togethers, monthly or as desired.
- Schedule activities at least 1 month in advance to be submitted to the Web Coordinator and NL Coordinator.

## Gym Coordinator

- Leads kids in gym activities one Tuesday per month or as desired.
- Keep gym equipment with you and bring to gym days.

## Secretary

- Attends Monthly Meetings—keeps notes & shares w/ group



# September 2009

Please note some activities have an additional fee, have a minimum age, or a respond by date—please see online for full information

**Contact:**

questions@sdhsa.org

All messages will be returned by a SDHSA Leader

**Web Site:**

<http://www.sdhsa.org>

**Address:**

SDHSA of Sioux Falls  
P.O. Box 882  
Sioux Falls, SD 57101

**Yahoo Group:**

<http://groups.yahoo.com/group/SDHSA>

**Treasurer:** Crystal

crystal@sdhsa.org

**Tours:** Heidi

heidi@sdhsa.org

**Newsletter/Volunteerism:** Becky

becky@sdhsa.org

**Website:** Melissa

melissa@sdhsa.org

**Fundraising:** Meg

meg@sdhsa.org

**Crafts:** Gina

gina@sdhsa.org

**Media Contact:** Thor

thor@sdhsa.org

**Administrative Support:** Amanda

amanda@sdhsa.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 1:30pm Park Day	2	3 1:30pm Tour of Country Apple Orchard	4 1:30pm Swim at Family Well- ness	5
6	7	8 1:30pm Park Day	9 6:30pm Dine, Plan, & Chat	10 9:15am Field to Table Activity	11	12
13	14	15 1:30pm Park Day	16	17	18	19
20	21	22 1:30pm Park Day	23	24 2pm Nature Tour of Newton Hills	25 2pm Second Chance Tour & Volunteer Activity	26 SDHSA Pictures
27	28	29 2 pm Outdoor Campus Class for SDHSA	30			

Welcome New SDHSA Members

Names on  
Secure SDHSA  
Site

And thanks to the families who  
have renewed!

If you have any gently used craft  
supplies that you would like to  
donate to SDHSA please email  
[gina@sdhsa.org](mailto:gina@sdhsa.org).  
Thanks.

September Birthday

Names on  
Secure  
SDHSA Site

If you have something you'd like to submit for the SDHSA  
newsletter please email it to [becky@sdhsa.org](mailto:becky@sdhsa.org) by the 20th of  
the month. Past submissions have been a favorite family re-  
cipe, artwork, poems, or an accomplishment your child has had.

There are two versions of the newsletter. One is viewable on  
the SDHSA site with a password—this is the full newsletter.  
A public version is available—this version is void of pictures  
and members names.

If you'd like your family or child to be featured in an upcoming  
newsletter please email [becky@sdhsa.org](mailto:becky@sdhsa.org). In the past this  
had been called Member Get to Know or Kid Get to Know.



## Ad Space

If you would like ad space please see the link:  
<http://www.sdhsa.org/Misc/Ads.html>

If you have any questions please contact:  
[becky@sdhsa.org](mailto:becky@sdhsa.org)

### PROOF AND EDITING SERVICE

It is often easier for your child to accept critique of their  
written work from an unbiased third party. The following pric-  
ing includes the entire school year beginning

September 1, 2009 and ending May 31, 2010:

1st - 6th grade . . . . . \$25.00

7th - 12th grade . . . . . \$45.00

Research Paper . . . . . \$60.00

To register, please email your name, address, child's name, age  
and/or grade to [editmywriting@aol.com](mailto:editmywriting@aol.com). Payment may be made  
by personal check or via PayPal. Once registered, your student  
will write their name, age, and date on each paper submitted.  
Please have your student be responsible to enclose a self-  
addressed and stamped envelope in order that their work may  
be returned. All written work may be sent to:

Mrs. Evans  
9965 Garrison Way  
Eden Prairie, MN 55347